

Consuming Fire School of Dance 308-432-8430

www.cfDance-Gymnastics.org

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Parent handbook

QUESTIONS:

Please direct all your questions and concerns to the director, Donna Gimeson. The instructors are primarily responsible for teaching their class lesson. Thanks.

ConsumingFireDanceSchool@gmail.com

308-432-8430

308-430-0788 (text – ok)

WINTER BALLET

The rehearsals for the annual Winter Ballet will be held on Saturdays as well as during the week. Attendance is mandatory.

1. SHOE OPTIONS

You may rent shoes on an ANNUAL basis, or purchase your own.

Rental: Students take the shoes home, and care for them as their own. During the course of the year, when the student outgrows their shoes, they can exchange them for a larger size at no additional cost.

Half of the price of the shoe is for the rental, and the remaining half is for the deposit. When the student returns the shoe, in good condition, then the deposit is returned/mailed at the end of the quarter.

You may receive shoes that are reconditioned or new.

- PLEASE NOTE: the shoes cannot be wrecked, damaged or have one lost. If one shoe is lost, then a new deposit will need to be made for the next pair. Normal wear is expected.

We cannot size students for shoes on the day of dance class. Please make an appointment to bring your child in, to get larger shoes when class is not in session.

2. DRESS CODE

We are asking students (1st grade and older) to please purchase convertible/transition tights if they are taking gymnastics, ballet and tap. They will be able to pull the tights over their feet to go barefoot for gymnastics, and cover their feet for the dance shoes. Tights need to be worn in the dance shoes. The tights help absorb the sweat.

We carry convertible tights.

Ballet: pink ballet shoes. Students working on the Cecchetti graded syllabus will be asked to wear split sole ballet shoes.

Tap: black tap shoes. We will be changing over to the "Mary Jane" style of tap shoe for the younger students. (strap and buckle)
Older students will be using both the character/heeled tap shoes AND flat tap shoes.

Jazz: tan jazz shoes.

Tumbling Team: tan jazz shoes

Leotard: Solid color

Tights: ballet pink or light tan.

No ballet skirts when working on the Graded Syllabus.

If possible, please come dressed in your leotards and tights. Wear street clothes on top of them. Shirt *and* pants.

THE CHANGING AREA AT THE STUDIO IS DOWNSTAIRS.

You will not be allowed to change in the office.

At the studio:

Please bring your own water bottle.

No pop, juice, gatorade/powerade; items with sugar and food coloring.

When students change their shoes, they may have a small drink of water ***if it is necessary***. Students taking only one 1 hr class, or one 1 ½ hr class will not need to bring water bottles.

(they will not dehydrate in 1 ½ hrs, and it causes more bathroom breaks)

Cell phones are to be shut off.

Students are to take ALL of their dance shoes into the studio, both in Studio A and Studio B.

Parents may not be present in the studio room while class is in session. The doors will be shut. Thank you.

3. HAIR

Please fix your hair BEFORE coming to class

Everyone's hair must be fixed in a ponytail, braid or bun. (no buns for tumbling class please)

4. PERFORMANCES

December – Annual Winter Ballet

March - Just Gymnastics Tumbling Recital

April - Lower and Upper School Recitals CSC Memorial Hall.

Required for performances:

Pink tights

Hair: ponytail, braid for tumbling recital

Ballet bun for tap/ballet recital

- When traveling to dress rehearsal, please feed your son/daughter a sandwich in the car or before traveling. Dress rehearsals can run a long time.

No eating any candy or crackers or food of any kind when you are dressed in costume.

No drinks of any kind that contain sugar, fructose, corn syrup (sticky) or food coloring.

WATER ONLY

In the dressing room:

“Big Sisters” will be assigned to each of the children's class.

The Big Sisters will take the students to the bathroom and water fountain.

They will keep them occupied while waiting for their turn on stage.

No parents are to remain in the dressing room either at dress rehearsal or during the recital.

A television will be provided in the dressing room, with a live video of the performance on stage in order for students to see the entire recital.

No students may hang out of the stage doors, or behind the stage curtains.

5. SCHEDULE

We follow most of the public school schedule in regards to Labor Day, Thanksgiving, Christmas and Easter.

Dance starts: August 21, 2017

No class - Labor Day

No class - Thanksgiving Break

No class - Christmas Break

No class – Easter Break

6. FUNDRAISER

All fundraisers are optional. Each student will be charged \$20.00 per routine they will perform in. You can use your fundraiser money for tuition.

7. Sleepovers

We will have periodic sleepovers at the studio. We play games, make a craft, eat snacks, watch movies and just hang out with our studio friends. \$15.00 per person.

8. Newsletters

Newsletters will be sent out on email; at least monthly. Email is the official group communication in lieu of monthly meetings. Please check your email regularly. Periodically I am asked to have a group meeting, for a specialized topic such as dance convention, stage makeup or ballet buns. They are not mandatory; you have the option to attend.

9. Conventions, workshops and exams

The ballet syllabus is a graded curriculum through the Cecchetti Council of America. www.cecchetti.org

We have the opportunity to take our ballet exams twice a year, if the students are ready. Class time is spent on the syllabus, as well as non-syllabus work and dances for performances.

We encourage our students to reach for this achievement.

Workshops are offered at the exam site, contingent upon which location we travel to. In addition, an annual 3 day dance convention is available in the summer.

10. School Sports

If your child wishes to join school sports, it may conflict with their dance class/rehearsal times. Should this occur, you will need to drop the dance class in order to commit to the sport event; or drop the sport in order to commit to the dance class and routine that is being taught.

I hope you encourage your dancer to become involved in our activities, and become a part of Consuming Fire.

Thank you,

Donna Gimeson – Executive Director

August Hoppens – Artistic Director; Gymnastic program director

Ashley Strong – Head Gymnastic Coach