Gymnastic Skills must be learned before moving to the next level

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| Level 2 USA Gymnastics Junior Olympic Performance Chart Level 2  |
| VAULT | UNEVEN BARS | BALANCE BEAM | FLOOR EXERCISE |
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| * Jump to Handstand onto a minimum of 16” Mat Stack
* Fall to Straight Lying Position
 | Back Hip Pullover, Mount,Cast,Back Hip Circle,Single Leg Cut, Forward,Forward Stride Circle,Single Leg Basket Single Leg Swing Backward,Cast,(Squat-on, Pike-on, Sole Circle Dismount)OR(Under-swing Dismount) | * Jump to Front Support
* Whip Swing to Push-up Position,
* Jump to Tuck Stand,
* Arabesque 30degrees,
* Forward Leg Swing,
* Backward Leg Swing,
* Releve,
* Lever to Beam,
* Leg Balance in Forward Passe,
* ½ (180 degree pivot Turn,
* Stretch Jump,
* Cartwheel to Side Handstand Dismount
 | * Handstand,
* Round-off
* Back Roll to Pike Stand
* Candlestick
* Bridge
* Back Kikc-over
* Straight Leg Leap (60 degrees)
* Forward Split
* ½ (90 degrees + 90 degrees) Turns in Forward Passe (Heel-snap)
* Split Jump (60 degrees)
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